

Join hOURbank!

- 1. Go to the website: http://hourbankmc.org
- 2. Press "Documents" and read the Member Handbook
- 3. Press "Join" to fill out and submit the membership application
- 4. You will be contacted to set up an orientation
- 5. Start exchanging hours of service!
- 6. Membership Donation: \$10-20. on a sliding scale and tax deductible

What is hOURbank?

hOURbank is a system of reciprocal service exchange that uses units of time as currency. Service earns time credits, and time credits can be used to receive services in the network.

hOURbank develops networks of shared time throughout the Monterey County area to link individuals and organizations in new ways that facilitate a non-money-based exchange of resources and services.

hOURbank is about people helping other people in a system where everyone's skills are equally valued and where everyone benefits.

HOW IT WORKS – For every hour members spend doing service for someone in our community, they earn one hour to spend on any service offered within the community. It's that simple. hOURbank connects neighbor to neighbor and tracks time credits and debits just like a bank keeps track of money. hOURbank values everybody's time equally no matter what the service.

Only a few examples of services that might be available to members:

Animal care

Health and wellness

Arts and crafts

Housekeeping

Automotive

Language lessons

Computer assistance

Massage and physical therapy

Construction and home repair

Music lessons or performances

Editing and word processing

Transportation

Elder care and companionship

and much more......

hOURbank is a community initiative under the charitable 501c3 umbrella of Communities for Sustainable Monterey County.